



## Training Course Booking Form

Information about the course participant	
Forename	
Surname	
Address – line 1	
Address – line 2	
Address – line 3	
Date of birth	
Phone number	
Email address	
Any current sailing qualifications?	
Information about emergency contact/next of kin	
Forename	
Surname	
Phone number	

Courses offered in 2019	Dates Available:	Cost:
<b>Dinghy Sailing Courses</b>		
<ul style="list-style-type: none"> <li>RYA 1&amp;2 (Youth &amp; adults)</li> </ul>	27/28 April 8/9 June	2 DAY COURSE £100 non members £75 members
<ul style="list-style-type: none"> <li>RYA 1&amp;2 (Adults only)</li> </ul>	1/2 May 5/6 June	2 DAY COURSE £100 non members £75 members
<ul style="list-style-type: none"> <li>RYA 1&amp;2 (Youth only, up to 16)</li> </ul>	4/5 May	
<b>Powerboat Driving Courses</b>		
<ul style="list-style-type: none"> <li>RYA PB level 2</li> </ul>	On request	2 DAY COURSE £120 non members £25 members
<b>Windsurfing Courses</b>		
<ul style="list-style-type: none"> <li>3 hour taster session</li> </ul>	On request	£20

Further information on course content is available on the [RYA website](#) and below.

Training course required – see Principal Instructor if unsure	
Course	Please insert preferred dates from list above in the boxes below
Dinghy RYA 1/2	
RYA Learn to Race	

Powerboat	
Windsurfing	

**Medical/safety information – please complete this section so that we may be aware of any special needs that you have, the information will be treated in strict confidence and only used for your safety and well being during the course**

Do you have any medical conditions which may affect you while taking part in the course? E.g. asthma, allergies, previous injuries	
Is there any item such as medication which you may need in an emergency which the safety crew need to know about? E.g. inhaler, insulin	
Can you swim 50 meters fully clothed?	Yes or no – please delete.

**Please save and send this completed form to [trainingdsc@googlemail.com](mailto:trainingdsc@googlemail.com)**

#### DSC Use Only

Fee Paid – sum and date	
Need for extra buoyancy assessed	
Special care information passed to crew	
Signed by Senior Instructor and date	

### COURSE OUTLINES

DINGHY COURSES	RYA LEVEL 1 CERTIFICATE	RYA LEVEL 2 CERTIFICATE
<b>Summary</b>	Introducing you sailing with all you need to know to get afloat under supervision	Setting out the foundations of sailing for you
<b>Assumed knowledge</b>	None	Sailing skills to the standard of Level 1
<b>Minimum duration</b>	2 days	2 days, but is often combined with the Level 1 course into a 4 day course
<b>Minimum age</b>	16	16
<b>Course content</b>	How to sail in all directions, including an awareness of launching and recovering	Rigging, launching, sailing in all directions. Capsize recovery and essential safety knowledge
<b>Ability after course</b>	Able to sail in light winds under supervision	Able to sail and make decisions in good conditions

Once you have achieved level 2, if you then become a member of Dovestone SC, you are able to join the DSC boat borrowing scheme for a one-off payment – this gives you access to use the training fleet for a period of 12 months (subject to availability and weather conditions).

Training courses start [at 10:00am](#) prompt on both days and therefore look to be on site from [9:30am](#). You will need to bring a full change of clothes and something (at least) windproof. You will need a packed lunch for the Saturday and the club galley will be open on the Sunday.

We supply all safety equipment, but do not guarantee that we will have wetsuits – many people already have these since they are now so reasonable to purchase.